

The TEEN Club

A social skills group for teens ages 13-17 years (middle and high schoolers)

Your teen will:

- Learn necessary conversation skills
 - How to choose friends
- How to deal with teasing and bullying
- How to recognize and express their feelings
 - Anger Management skills
- Learn appropriate keeping and care of their body
- Learn about safety with use of social media (i.e., Facebook, MySpace, Twitter)
- Practice learned skills in occasional community outings

The Group:

This group will be run by Dr. Svetlana "Lani" Ravinovich (PSY24318), a clinical psychologist in West Los Angeles. The group will meet for 90 minutes, once a week and include a small snack. An intake is required to determine if the group is the right fit for your teen. Parent participation will be required to make sure teens are following through on their homework.

Please Contact:

Dr. Lani Ravinovich

323.459.4968

laniravinovich@gmail.com

www.DrLani.net